

# MINNEAPOLIS AREA SENIOR WORKERS ASSOCIATION



## *Our Mission:*

*To develop a multidisciplinary community of professionals working in the field of aging who are educated, supported, and interconnected so they may improve services and advocate for older adults.*

## Monthly News

August 2008

### August 2008 Membership Meeting

- Date:** Thursday, August 28, 2008
- Location:** **Golden Living Center-St Louis Park**  
3201 Virginia Avenue  
St Louis Park, MN 55426
- Contact:** Mary Speidel at 952-935-0333
- Schedule:** 2:25 p.m. – Registration and Networking  
2:40 p.m. – Business Meeting  
3:15 p.m. – Program Presentation  
4:15 p.m. – Networking and Tour
- Topic:** “Sex and Sexuality after Sixty”
- Speaker:** Mary Beth Hardy, RN, MPH- Area Director,  
Professional Services

Mary Beth Hardy joined LivHOME in 2004 as the Executive Director of the Chicago offices. In 2007, she assumed the position of Area Director, Professional Services. In this role, Mary Beth works with LivHOME Central Region branches to drive practice and business out comes. Prior to joining LivHOME, Mary Beth worked as a professional care manager, serving both organizations and communities that work with elders.

Mary Beth will present an informative (and lively) presentation on sexuality after sixty. In her years as a Geriatric Care Manager, she has always focused on treating the whole person.

#### **Objectives:**

1. Awareness around senior's views on sex and sexuality
2. Name and discuss three or more collective actions they can take to ensure care of self, colleagues and others
3. Effects of disease processes on sex and sexuality
4. Review of case studies with group participation

**Certificates of Attendance (CEU's) available.**

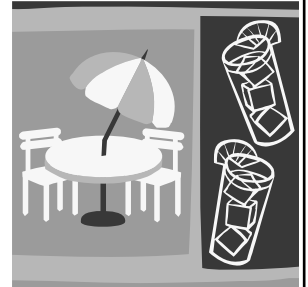
**1 CEU credit      Guest fee: \$5.00**

**[www.seniorworkers.org](http://www.seniorworkers.org)**

### The President's Message

Hi Everyone!

I hope you are enjoying this wonderful summer weather, as I am. The Board had a very productive retreat. We worked on budgets, membership activities, and charity ideas.



I want to share that we have decided to give "gas gift cards" to Meals on Wheels as our charity project this year and will be choosing those programs most in need for the gifts. This service will be greatly affected by the high gas prices and hopefully our gifts will help.

We have some great programs coming up and I look forward to seeing all of you at the Fall Aging Conference on October 30th.

With warm regards,

*Linda Debner*

MASWA President

## FEATURED BOARD MEMBER OF THE MONTH: Kay Johnson

I have really enjoyed the opportunity to get more involved in MASWA, during the recent years. I view the education and networking experiences, as being invaluable on many different levels. The communication committee is where my involvement started and then I progressed to the program committee. The program committee members (Rosemary Rohach, Terri Darsow and myself) have worked hard to provide strong programs each month. While Rosemary has completed her term, we welcome Virginia Kafer! Watch for more good programs to come! Your ideas are always welcome.



I graduated from Colorado State University with a bachelor of science degree in Human Development and Family Studies, emphasis in adulthood and aging, concentration in death, dying and grief. I hold a license in social work and have worked in the health care industry for 20 plus years (can't believe I'm that old). I am currently employed by North Memorial Home Health and Hospice, as the Community Services Coordinator. Working with seniors is a passion of mine.

The other passion would be spending time with my beautiful family. I've been married for 20 years, live in White Bear Lake and have three (perfect, of course) children: son, Kelsey (17), daughter, Alyssa (14) and son, Spencer (10). Much of my non-work time is devoted to attending the kids 'sporting events. GO BEARS!!

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***Save the Date!***

# Fall Aging Conference

**October 30, 2008**

Exhibitor and sponsorship information and applications are posted on our website at [www.seniorworkers.org](http://www.seniorworkers.org)



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**P.O. BOX 26630  
MINNEAPOLIS, MN 55426**