



### MINNEAPOLIS AREA SENIOR WORKERS ASSOCIATION

*Our Mission: To develop a multidisciplinary community of professionals working in the field of aging who are educated, supported, and interconnected so they may improve services and advocate for older adults.*

#### January 2008 Membership Meeting

- Date:** Thursday, January 24, 2008
- Schedule:** 2:25 p.m. Registration and Networking  
2:40 p.m. Business Meeting  
3:15 p.m. Program Presentation  
4:30 p.m. Adjourn
- Location:** Calvary Center Cooperative  
7600 Golden Valley Road  
Golden Valley, MN 55427
- Contact:** Lara Homa - 763-544-1090
- Topic:** The Grief of Multiple Losses, Including Shattered Dreams
- Speaker:** Ted Bowman – educator, trainer and consultant, specializing in change and transition

Aging includes losses. Not only the common changes in health, but related losses of relationships, power, unfulfilled dreams, even the timing and manner of death and dying. It is crucial that professional caregivers and volunteers be alert to such losses and be ready to assist individuals and families with grieving. In this practical session, perspectives and tools to aid the grieving process will be heard and discussed. Also, the inextricable ties between grief and hope will be addressed.

#### Objectives:

1. Name multiple losses of seniors and the impact.
2. Discuss three or more responses to losses useful in many venues and settings.
3. Distinguish normative losses and those that require referral to other resources.

Certificates of Attendance (CEU's) available.  
1 CEU credit  
Guest fee: \$5.00.

#### The President's Message

HAPPY NEW YEAR MASWA MEMBERS!

2008 is upon us and it is time for resolutions, new goals, forgiveness (for ourselves, as well as others), and a new outlook on life. It sounds like a huge commitment, but just think about how much we could all accomplish if we attacked this new year with optimistic freshness. We might be able to make things happen we never dreamed were possible. Think about it...

This year will see us working on more charity work and setting up criteria for scholarship awards. These two activities are high on our priority list and will be tackled early in the year.

It is also time to start planning the 2008 Fall Aging Conference. We are in need of committee members to work on the conference, so it will be a success this year. It is a lot of fun (and hard work) and an opportunity to meet and form relationships with fellow MASWA and SPASWA members. If you want to be involved in this great event keep an eye out for announcements in the MASWA newsletter, care options newsletter, and your member meetings. We welcome all of you who are willing to serve for such a great cause.

Thank you for making MASWA successful for another year!

Sincerely,

*Linda Debner*

MASWA President



**MASWA MEMBERSHIP FORM**

Name: \_\_\_\_\_  
Agency: \_\_\_\_\_  
Position: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Email: \_\_\_\_\_

I am interested in getting involved with MASWA! Please contact me with more information about:

\_\_\_\_ MASWA Board \_\_\_\_\_ Program Committee  
\_\_\_\_ Conference Committee \_\_\_\_\_ Education Committee  
\_\_\_\_ Public Policy Committee \_\_\_\_\_ Job Bank/Mentor  
\_\_\_\_ Membership Committee \_\_\_\_\_ Nomination Committee  
\_\_\_\_ Web Site

**MEMBERSHIP DUES:**

I am a (please check one):  
\_\_\_\_ New Member (\$25.00)  
\_\_\_\_ Renewing Member (\$25.00)  
\_\_\_\_ Student Member (\$15.00)  
\_\_\_\_ Retired MASWA Member (no fee)

Please accept my additional donation of \$\_\_\_\_\_ to the MASWA:

\_\_\_\_ General Operations Fund \_\_\_\_\_ Education Fund

Please mail membership form and dues to:  
**Minneapolis Area Senior Workers Association**  
P.O. Box 26630  
Minneapolis, MN 55426

*Membership is held in the name of the individual and is non-transferable.*

**Please renew your MASWA membership for 2008, if you have not done so already. You can refer to your mailing label to see if you have renewed. If it says 2007, you have NOT renewed. If it says 2008, you are all set for the new year.**

**Happy New Year!**

**FEATURED MEMBER OF THE MONTH**

I have been Director of Marketing at Parkshore Senior Campus in St. Louis Park for nearly 7 years. The high level of care that we provide residents on this campus is very exciting. Nothing is sadder than seeing a long time resident wrenched away from their friends and familiar surroundings, so I am very pleased that we offer a continuum of care for those who call our community home. I think I am going into my 4th year as a MASWA Board member. It has been a wonderful opportunity to be a part of providing education and resource information for the senior housing members. The people in this industry are the finest I've met. The friendships that have been cemented through the years are priceless!



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MINNEAPOLIS, MN 55426**