

MINNEAPOLIS AREA SENIOR WORKERS ASSOCIATION



Our Mission:

To develop a multidisciplinary community of professionals working in the field of aging who are educated, supported, and interconnected so they may improve services and advocate for older adults.

Monthly News

July 2008

July 2008 Membership Meeting

- Date:** Thursday, July 24, 2008
- Location:** Walker Methodist Assisted Living
131 Monroe Street
Anoka, MN 55303
- Contact:** Diane Rideout at 763-422-1226
- Schedule:** 2:25 p.m. – Registration and Networking
2:40 p.m. – Business Meeting
3:15 p.m. – Program Presentation
4:15 p.m. – Networking and Tour
- Topic:** “Maintaining a Climate of Caring for Self and Others”
- Speaker:** Ted Bowman, Educator, Trainer and Consultant, specializing in change and transition with elderly and families

Best practice, quality patient or client-care and high standards are commonly used phrases in elder care environments. Pressures from within and without to achieve such goals while reducing costs accompany such phrases. Further, there is a keen desire to alleviate pain or struggle in the lives of elders and their families. The result is that other phrases like burnout and compassion fatigue are in more frequent use to describe workers in elder care settings.

In this session, participants will be aided in thinking about and responding to these tensions. Elders deserve quality care. So do the workers serving them. Practical suggestions for supporting workers so that they and elders will benefit will be presented and discussed.

Objectives:

1. Name and discuss three or more individual actions they can take to ensure care of self and others.
2. Name and discuss three or more collective actions they can take to ensure care of self, colleagues and others.

Certificates of Attendance (CEU's) available.

1 CEU credit

Guest fee: \$5.00

The President's Message

Hello MASWA members!

It is July, the heart of summer! I was a little concerned for a while this spring with all of that rain that we wouldn't see any summer, but never fret, July is here!!



July is a very happy month in my life ~ first of all, it is Independence Day, and what kid (adults included) doesn't like fireworks? There is something mesmerizing about them. I love it when the whole audience oohs and ahhs when they light up the sky. Don't you feel like a ten year old watching them? I am so lucky where I live because I can walk one block and stand in the street and see three different firework displays. Okay, I'll stop about the 4th of July. Second, I celebrate my birthday in July, and who doesn't like birthdays? Notice I didn't say, "Who doesn't like getting older?" Don't ask...

The MASWA Board retreat is coming up on July 10th. We are all going to show up with great ideas for the coming year. We're still waiting for all of you to give us ideas for community projects and activities we can become involved in as an organization. We had considered joining the Alzheimer's Walk as an organization and other activities where we could lend support to other organizations also serving seniors. Let us know what you think and then, remember, we want you to participate as well!

Enjoy this beautiful month, soak up plenty of Vitamin D, and tell someone you love them ~ it's good for the heart.

Linda Debner

MASWA President

Minneapolis Area Senior Workers Association

P.O. Box 26630, Minneapolis, MN 55426

www.seniorworkers.org

FEATURED BOARD MEMBER OF THE MONTH: Ben Musburger

This is my first year (month to be precise) as the MASWA Education Chair. I believe that MASWA is an outstanding organization to be a part of because it allows you to connect with other people who share a passion for providing services to seniors. I have also found that MASWA provides excellent, industry-specific educational programs. Did you seriously think that the Education Chair would pass up the opportunity to praise the educational opportunities?!?!?



Since graduating from the Carlson School of Management at the University of Minnesota, I have spent the past three years working with seniors in skilled nursing settings. I recently rejoined the team at Health and Rehabilitation of New Brighton as a admissions/marketing manager.

In my free time I love listening to music, going to concerts, exercising, and learning. I do not own a digital camera so digital photos of me are few and far between. So if you could please forgive the t-shirt in the photo, I would greatly appreciate your generosity. If you cannot, kindly note that the Communications Chairperson made me post it. (Editor's note: digital camera donations accepted.) I hope to meet you all at the next Membership Meeting!

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Save the Date!

Fall Aging Conference

October 30, 2008

Exhibitor and sponsorship information and applications are posted on our website at www.seniorworkers.org



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