

MINNEAPOLIS AREA SENIOR WORKERS ASSOCIATION



Our Mission:

To develop a multidisciplinary community of professionals working in the field of aging who are educated, supported, and interconnected so they may improve services and advocate for older adults.

Monthly News

January 2009

January 2009 Membership Meeting

- Date:** Thursday, January 22, 2009
- Time:** 2:30 p.m. – Registration/Networking
2:45 p.m. – Business Meeting
3:00 p.m. – Presentation/Questions
4:00 p.m. – Adjourn
- Location:** Calvary Senior Cooperative
7600 Golden Valley Road
Golden Valley, MN 55427
- *Park in far north parking lot, by row of pine trees.
- Contact:** Lara Homa at 763.544.1090
- Topic:** “Protecting Seniors from Falling Victim to Scams”
- Presenter:** Maura A. Albrecht ChFc
Chartered Financial Consultant from
Financial Wellness for You

Program Overview and Objectives:

- ❖ Why are seniors targeted?
- ❖ How are seniors targeted?
- ❖ How can seniors protect themselves?
- ❖ What to do if you have been a victim to a scam.

*Call Christine Maxwell at 612.270.5745 or Virginia Kafer at 612.719.7835 with questions related to this program.

Certificates of Attendance (CEU) will be available.
Annual Membership fee \$25.00 - Guest fee \$5.00
www.seniorworkers.org

The President's Message

Dear MASWA Members,

HAPPY NEW YEAR! I hope you all had your Holiday wishes come true.

I feel so fortunate to be working with all of you on senior issues and education. We have made great decisions in the past few years deciding where to put our time and efforts. 2009 affords more opportunities for us, especially when combining our efforts with the St. Paul Area Senior Workers Association (SPSWA).

As we've seen in the past couple of years, the Public Policy Committee has really made an impact on senior issues and on our membership to become involved where we can make a difference. Judy Abbott and Paul Blom, along with their committee, have lit a fire under all of us, and for that I thank them.

I also want to thank Marlene Panek and her Membership Committee. They have come up with such great marketing strategies and have really increased the membership numbers in the past two years. Thank you Marlene!

I also thank Kelly Lundgren, our Communication Committee Chair. Kelly has been very involved in keeping the website for MASWA up to date and will be instrumental as we change from a paper newsletter to an e-mail newsletter. Keep up the great work, Kelly!

The Board members who worked on the Fall Aging Conference this year are Susan Green, Joann Sanford, Paul Blom, and Cynthia Frances. I do not want to forget to thank their committees who worked hard to make this conference a success. Thanks to all of you.

Marti Briest, Susan Green, and Diane Mauer are currently hard at work planning our Spring Luncheon in May. I know all of you will enjoy the result of their hard work!

We have Kay Johnson and Virginia Kafer to thank for their efforts to obtain great speakers for our membership meetings. It is not as easy as it looks. This coming year they will be working with Penny Lorence, as we combine those efforts with SPSWA, offering the same program every month on both sides of the river.

There are other Board members who help to keep things going and we couldn't do without ~ thanks to Beth Nemeck, the Conference Committee Chair in Training this year, as well as the Board Secretary; Ben Musburger, the Education Chair; Loretta Stinson, the President Elect; and Georgia Lane, our Historian.

I know there are many others who have helped to keep MASWA alive and well this past year, and I know they will be by our side this coming year, as well. I thank all of you for your hard work and support and look forward to working with all of you this year until I step aside in May, and Loretta takes the reins. We need and love your support and know all of us working together can accomplish great things for the Seniors we serve.

With Warm Regards,

Linda Debner
MASWA President

Minneapolis Area Senior Workers Association

P.O. Box 26630, Minneapolis, MN 55426

www.seniorworkers.org

FEATURED BOARD MEMBER OF THE MONTH: Beth Nemec – Board Secretary

I have been a member of MASWA for many years and this is my second year serving as Secretary for the MASWA board. I have thoroughly enjoyed learning from my fellow board members, building and strengthening relationships with them and appreciate the opportunity to serve and support MASWA in this way. I am also involved with the Minnesota Home Care Association and serve on their Education Committee and Private Duty team.



I have a BS in Health Care Administration from UW-Eau Claire and have worked in home care for 19 years (yikes)! The most fulfilling has been the past four years spent as a founder and the General Manager of AgeWell. For me, serving seniors is an extremely rewarding experience and a responsibility I take very seriously.

I have a spirited, redheaded, 14 year old son, Charlie, who has a social life to be reckoned with. He keeps me busy carpooling - to friends, football, lacrosse and snowboarding. In my free time, I love to spend time with my family at the cabin, read, garden and play Scrabble.



NEWSLETTER CHANGE COMING

In an effort to be good stewards of our finances, as well as environmentally responsible, MASWA will be switching to an e-newsletter as of February, 2009. This will be your final paper newsletter. Constant Contact is the service that we will be using, so look for an email around the 1st of February. If you have changed your email address recently, please make sure that we have your current address. Please call Kelly Lundgren at 651-746-5615 if you have any questions about this transition!



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