The conference goal is to provide individuals working in the field of aging an opportunity for education, resources, support, and connectivity in relation to issues affecting seniors, ultimately improving services and advocacy for seniors in our community.

At this year's conference we will again have multiple vendor booths in the lecture ballroom, as well as outside the lecture venue. They will be offering products, services, and information.

We will be hearing four inspiring speakers presenting on "Aging Family Style." They will be talking about how we hear 'the same music' as in the past, but now it is time to change 'the dance'. The speakers will address how we have provided care in the past and how care has changed to embrace the needs of seniors today, family style. A new twist on old problems! *The conference has been approved for 5.75 continuing education units* and has been approved for Nursing Home Administrators (NHA Event #MN14-057).

The Gold Sponsor for this year's conference is **YECUMEN**<sup>®</sup>

Thank you for supporting the MASWA and SPSWA Fall Aging Conference





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2013 Fall Aging Conference

# FAMILY STATES

Same Music, Different Dance

Minneapolis Area Senior Workers' Association and St. Paul Senior Workers' Association present:

The 39th Annual Fall Aging Conference Thursday, October 24, 2013

# Aging Family Style: Same Music, Different Dance.

All of us work hard to help our loved ones, and those we serve in our community, grow old with grace, purpose, and joy. This year the Fall Aging Conference will focus on some of the challenges you and your colleagues encounter when caring for your patients/clients, and their family members. The conference will offer in depth information allowing us to analyze aging and offer different types of care based on the needs of seniors today. There are many factors that impact how we care for the elderly and our goal is to help you, professional caregivers, adjust to those changes in an effort to improve the quality of life for our aging population.

# The 2013 Fall Aging Conference

### General Information

WHEN: Thursday, October 24, 2013

### WHERE:

Earle Brown Heritage Center 6155 Earle Brown Drive Brooklyn Center MN 55430 For directions from your location visit www.earlebrown.com

### **QUESTIONS?**

For more conference info, contact: Deb Valley 952-885-6186 dvalley1@fairview.org

www.seniorworkers.org

### Conference Schedule

7:15 a.m. – 8:00 a.m. Registration, Exhibits, Book Fair

8:00 a.m. – 8:15 a.m. Announcements

Session One 8:15 a.m. – 9:45 a.m. Msgr. Charles J. Fahey

9:45 a.m. – 10:30 a.m. Break, Exhibits, Book Fair

Session Two

10:30 a.m. – 12:00 p.m. **Dr. Marc Agronin**How We Age: Problems and Potential

12:00 p.m. – 1:00 p.m. Lunch, Exhibits, Book Fair,

1:00 p.m. – 2:15 p.m. Hendrik Hartog, Ph.D.

Compensation for Care:
How Families Once Worked for Pay

2:15 p.m. – 2:45p.m. Break, Vendors, Book Fair

<u>Session Four</u> 2:45 p.m. – 4:15 p.m. **Claudia Black, Ph.D.** 

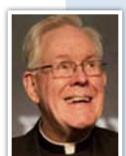
4:15 p.m. - 4:30 p.m. Final Announcements, Book Signings and Prize Drawings

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The Book Fair will be hosted by Barnes and Noble of Maplewood Mall. Please take time to visit the Book Fair during one of the breaks and be sure to stick around for the book signings immediately following the event.

Session Three

### GUEST SPEAKERS



Msgr. Charles Fahey, — sponsored by Above & Beyond Senior Services — will be presenting on "Aging in a New Era". He is a priest from New York, and has been involved in senior issues and health care reform for 40 years. He has served as a board member and president of the American Association of Homes for the Aging and is a board member and past president of the American Society on Aging. He has been a board member and executive committee member of the National Council on the Aging. He was a member of the Working Group on Ethics of President Clinton's The National Task Force on Health Care Reform. He has been involved in virtually every major national meeting on Long Term Care since 1965. He was appointed by President Nixon as a charter member of the Federal Council on Aging. He was reappointed by Presidents Ford and Carter, the latter of whom appointed him its chairperson. He has been active in affairs of older veterans, having served as a member of the Veterans Administration Advisory Committee on Gerontology and Geriatrics as well as advisory committees of the Paralyzed Veterans of America and the Blinded Veterans of America.



Dr. Marc Agronin, — sponsored by Volunteers of America — is a board-certified adult and geriatric psychiatrist who will be presenting on "How We Age: Problems and Potential." He has served since 1999 as the Medical Director for Mental Health and Clinical Research at the Miami Jewish Health Systems (MJHS), Florida's largest long-term care institution. He is also an Affiliate Associate Professor of Psychiatry and Neurology at the University of Miami Miller School of Medicine. He is a graduate of Harvard University with a degree in psychology and philosophy summa cum laude, and received his medical degree from the Yale School of Medicine. Dr. Agronin trained in psychiatry at Harvard Medical School (McLean Hospital and Massachusetts General Hospital) and later completed a fellowship in geriatric psychiatry at the VA Medical Center in Minneapolis, MN. Dr. Agronin is a nationally recognized expert in psychiatric illnesses in the elderly, and in 2008 was named the "Clinician of the Year" by the American Association for Geriatric Psychiatry, awarded annually to one of its members who has demonstrated a "profound commitment to the field of clinical geriatric psychiatry by providing, promoting and assuring access to quality mental health care for older adults." In 2011, Dr. Agronin was elected as a Distinguished Fellow of the American Psychiatric Association – the highest honor conferred to its members.



Hendrik Hartog, Ph.D., — sponsored by Right at Home — will be presenting on "Compensation for Care: How Families Once Worked for Pay". He holds a Ph.D. in the History of American Civilization from Brandeis University (1982), a J.D. from the New York University School of Law (1973), and an A.B. from Carleton College (1970). He is the Class of 1921 Bicentennial Professor in the History of American Law and Liberty and the director of Princeton University's Program in American Studies. Before coming to Princeton, he taught at the University of Wisconsin Law School (1982-92) and at the Indiana University (Bloomington) School of Law (1977-82). Hartog's field is American legal and constitutional history; American social and family history. Professor Hartog is at present working on a study of inheritance conflicts in 19th- and 20th-century New Jersey, reading them in particular for what they show about parent-child relations, child labor, and how, in a time before pensions and Social Security, people used the promise of inheritance to secure care for themselves in old age. (hartog@princeton.edu)



Claudia Black, Ph.D., — sponsored by allevia CARE — presenting on "Addictive Disorders: The Legacy of Trauma", will describe how adverse childhood experiences and forms of abandonment create trauma within a family impacted by addiction. Growing up with addiction leaves a complicated legacy that often impacts the caregiver's relationship with parents, particularly as both age. In this context she will discuss the ramifications for adult children as parents are in need of more assistance. Issues such as tolerance for abusive behavior, distorted anger, perfectionism, controlling behavior, boundaries and forgiveness will be explored. Claudia holds a Doctorate of Philosophy in Social Psychology from Columbia Pacific University, and a Masters Degree in Social Work and Bachelor of Arts Degree in Social Welfare from the University of Washington. Claudia is a Senior Fellows and Addiction and Trauma Program Specialist at The Meadows Treatment Center in Arizona. She is one of the original founders and serves on the Advisory Board for the National Association of Children of Alcoholics and the Advisory Council of the Moyer Foundation and its development of Camp Mariposa, a camp for children impacted by addiction.

## 2013 Conference Registration

Registrations can be processed online. Simply go to www.seniorworkers.org and access the Fall Aging Conference information then follow the easy directions; or complete the form below and mail it with your payment.

**MAIL TO:** Sharon Olwin, Fall Aging Conference, Business Support Center 7369 Meridian Ave. South, Montrose, MN 55363-8519

	(Please photocopy registration form for multiple reservations.)
Name	
	Zip
Phone	

### Lunch: Italian Buffet

### Early Bird Registration Until October 17, 2013

- $\hfill \square$  \$65 Members of Minneapolis or St. Paul Senior Workers Association
  - (2013 dues must be paid prior to registration)
- ☐ \$80 Non-member
- \$40 Full-time student or retired senior
- \$40 Full-time student or retired senior

  \$85 Registration after October 17, 2013

### Space is limited. Be sure to register early.

To avoid a late fee, registration payment must be received by October 17.

Make checks payable to: Fall Aging Conference

Scholarships are available. For Scholarship criteria and application please refer to the senior workers website www.seniorworkers.org and click on Fall Aging Conference, then Scholarship Information.

Registrations cannot be processed without payment and complete information. We cannot invoice for registration fees. Receipts will be available the day of the conference, if needed. Refunds will be made if we are notified in writing by October 17, 2013.

Registrations may be transferred to another person at any time, with prior written notification.

No refunds for online service charges.

Please bring a non-perishable food item to contribute to the Fall Aging Conference's fourth annual food drive.